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ABSTRACT

This book, accompanied by a musical CD-ROM, provides information on how to enhance learning through music at any age. Sections include: (1) "Let Music Prime Your Brain For Learning," which teaches how important it is to prime the brain for learning through music; (2) "Study Smart," which demonstrates highly effective studying techniques devised by experts and proven by research to power the learning capacity; (3) "Learn to Learn Better," which studies the understanding of the science of the brain; (4) "The Sound of Music: The Whys, the Hows, the Wherefores," which demonstrates how to use music in the study routine; and (5) "The Mozart Effect," which investigates the powers of Mozart's music to create a fitness program for the brain. Also included are information on designing a study model, learning strategies, and study tips. (CCM)

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